



Lunch Menu 2020



Week 1



MONDAY

Regular: Lasagne

Vegetarian: Vegetarian lasagne

Dairy Free: Pasta bolognaise

TUESDAY

Regular: Crumbed chicken strips (oven baked) with mash potato

Vegetarian: Veggiewors with mash potato

Dairy Free: Chicken strips with oven baked potatoes

WEDNESDAY

Penne pasta with basil pesto

THURSDAY

Regular: Beef sausages & baked potato wedges with fresh tomato sauce

Vegetarian: Veggiewors with baked potato wedges and fresh tomato sauce

FRIDAY

Regular: Mince and rice

Vegetarian: Veggie stew and rice

Week 2



MONDAY

Regular: Chicken & apple balls with mash potato

Vegetarian: Veggiewors with mash potato

TUESDAY

Regular: Mac & cheese

Vegetarian: Pasta with our tomato sauce

WEDNESDAY

Regular: Beef goulash served with rice

Vegetarian: Vegetarian goulash with rice

THURSDAY

Regular: Sticky drumsticks served with asian noodles with peas and corn

Vegetarian: Asian noodles with peas and corn

FRIDAY

Regular: Pizza (gluten free base) with cheddar, mozzarella and our tomato sauce. Served with cherry tomatoes and pineapple

Dairy Free: Pizza base with tomato sauce

Please Note:



- We serve fresh vegetables and fruits with lunch daily
- Gluten free pasta is available on request
- Dairy free options available on request
- Meat is free range only
- Vegetarian options - made with fresh & natural ingredients, soy free and organic when possible
- All our sauces are freshly made daily

